

FY2015 CHNA&HIP Progress Report

Cedar County

Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
Improve resident preparedness for an emergency situation to where 50% say they feel well prepared	Dedicate a page on the Cedar County Public Health web site to resources for preparing for an event.	Completed.
	Distribute educational materials to churches, senior centers and nursing homes.	Completed. Ongoing.
	Distribute information to residents through Treasurers office tax mailings	The Treasurer's Office contracts out their mailings, so a brochure will now be included with the Assessor's Office mailing in April
	Launch 25 Weeks to Preparedness in Cedar County	Completed.
	Collaborate with other entities to increase preparedness in our county.	Cedar County Public Health has joined Johnson County Public Health, University of Iowa Hospitals and Clinics, Mercy of Iowa City, Johnson County EMA, and Cedar County EMA to form the East Central Healthcare Coalition.

Cedar County

Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
Create registry for elderly/ disabled residents so it is easily available during a public health emergency.	Work with United Way 211 to create database to help those residents in an emergency.	Due to legal reasons, we have not been able to utilize 211 for creating our county registry. Cedar County Public Health and the Cedar County EMA have distributed forms. Also, Cedar County now has the WENS system available so residents will be alerted to potential emergencies and disasters and can take appropriate precautions.
	Home Health Staff include a Special Needs Registry form in their intake packets of new clients. Each new client is registered at that time.	Ongoing.
	Attend training regarding Functional Needs residents	PHEP Div. Mgr. has completed Response Planning for Functional Needs Populations in Rural Communities. October 2014 Public Health Director and Public Health Manager completed training in Emergency Mass Care and Medical Sheltering.
	Educate nursing homes, Assisted Living facilities and senior housing managers about preparing Functional Needs individuals for an emergency.	We are beginning to do this. Cedar County now has the WENS system available so residents will be alerted to potential emergencies and disasters and can take appropriate precautions. This will be a valuable tool for facilities that serve the functional needs population.
	Implement electronic medical records to better document patient contacts and functional needs.	Completed 1/2015.

Cedar County**Community Health Improvement Plan**

GOAL	Strategies	Progress on Strategies
Promote Wellness and Obesity Prevention	Host an Annual Health and Wellness Fair	2012- Fifteen local agencies/individuals participated in the Health Fair. The HBO Documentary "The Weight of the Nation" was shown to a large group. Discussion followed. 2013- Twenty five exhibitors participated in the Health and Wellness Fair. There were also demonstrations by local groups such as the Ambulance crew, a dance troupe, a Tae Kwon Do class, and the Tipton Cheerleaders. There were many prizes and games. We estimate that there were 750 attendees. October 2014- CCPH collaborated with the Holden Cancer Treatment Center to host a Breast Cancer Awareness event. There were cancer survivors who shared their stories, a women's health expert to answer questions, and health care providers to connect people to resources. Congressman Dave Loebsack was in attendance. August 2014- Annual Health and Wellness Fair hosted approximately 25 exhibitors. The event continues to grow each year.
	Promote Community Gardens and Farmer's Markets	No new progress.
	Participate in Live Healthy Iowa Challenge	CCPH has been involved in the planning and implementation of the Live Health Iowa Challenge in Cedar County. We have attended meetings and sent press releases. We have also contacted school nurses, churches and businesses with information about the Challenge. 2014- CCPH is also helping to organize a weight loss group for employees of the county. This includes weekly weigh-ins and prizes.
	Increase the number of Cedar County residents who report that they exercise. According to the 2009 Community Health Status report 26.3% report "No Exercise".	The most recent Community Health Status Report reports that 22.1% of adults report no leisure time physical activity. This is a 4.2% improvement from 2009.
	Increase the number of Cedar County residents who report that they eat more fruits and vegetables. According to the 2009 Community Health Status report 75.6% pf adults report eating "Few fruits and Vegetables".	This data is not available.

Cedar County**Community Health Improvement Plan**

	Establish a Cedar County Wellness Coalition	As of 02/2013 the Wellness Coalition has met three times. There are approximately 12 members working on health issues such as exercise, healthy eating choices and tobacco prevention.

GOAL	Strategies	Progress on Strategies
Decrease the percentage of children under age 6 who are lead poisoned to less than 4%	Educate parents on the negative effects of lead poisoning prior to and during lead testing.	Parents continue to be educated during screenings done in the Cedar County Public Health Office. Information is also provided at WIC Clinics and immunization clinics. Parents are also contacted through information disseminated through the preschools and at Kindergarten Roundup.
	Begin lead testing in daycares and preschools. Hand out information ahead of time so that even if they choose not to have their child tested, they will receive the information.	There has not been enough interest to offer lead testing at the preschool sites. Information regarding the dangers of lead testing and the availability of lead screening is distributed annually to the preschools.
	Offer lead testing free of charge to children whose families meet income guidelines.	This is an ongoing program.
	Mail reminders to parents who have a child who is due to be re-tested	This is an ongoing activity
	Collaborate with Environmental Health when a child tests positive for lead poisoning. Offer education, testing of the home and mitigation assistance when appropriate.	This is an ongoing activity. CCPH has worked with the Environmentalist, the Board of Health and the County Attorney to respond to a landlord who owns property where a child was lead poisoned.